

# Lecture 4. Banach's fixed point theorem

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**Theorem 1 (Banach's Fixed Point Theorem).** *Let  $X$  be a complete (nonempty) metric space and  $f: X \rightarrow X$  a  $K$ -Lipschitz function, that is,  $d(f(x), f(y)) \leq Kd(x, y)$  for all  $x, y \in X$ . If  $K < 1$ , then there is a unique  $x^* \in X$  such that  $f(x^*) = x^*$ . Moreover, for each point  $x_0 \in X$ , the sequence  $(f^n(x_0))_{n \in \mathbb{N}}$  converges to  $x^*$  as  $n \rightarrow \infty$ .*

*Proof.* Let  $K < 1$  and  $f: X \rightarrow X$  be  $K$ -Lipschitz.

(Uniqueness.) Let  $x, y \in X$  such that  $f(x) = x$  and  $f(y) = y$ . Then  $d(x, y) \leq Kd(x, y)$ , which can only happen if  $d(x, y) = 0$ , i.e., if  $x = y$ .

(Existence.) Pick  $x_0 \in X$  arbitrarily and define the sequence  $(x_n)$  recursively by setting  $x_{n+1} = f(x_n)$  for  $n = 0, 1, \dots$ . For  $n \geq 1$ , we have  $d(x_{n+1}, x_n) = d(f(x_n), f(x_{n-1})) \leq Kd(x_n, x_{n-1})$ . By recursion, we get that for all  $n \in \mathbb{N}_0$ ,  $d(x_{n+1}, x_0) \leq K^n d(x_1, x_0)$ . If  $n < m$ , then  $d(x_n, x_m) \leq \sum_{i=n+1}^m d(x_i, x_{i-1}) \leq (K^n + K^{n+1} + \dots + K^{m-1})d(x_1, x_0) \leq ((1-c)^{-1}d(x_1, x_0))K^n$ . This proves that  $(x_n)$  is a Cauchy sequence. Since  $X$  is complete,  $\lim_{n \rightarrow \infty} x_n = x$  for some  $x \in X$ . By continuity of  $f$ ,  $\lim_{n \rightarrow \infty} f(x_n) = f(x)$ , but  $\lim_{n \rightarrow \infty} f(x_n) = \lim_{n \rightarrow \infty} x_{n+1} = x$ , hence  $f(x) = x$  by uniqueness of limits of sequences.  $\square$

*Reference.* T.9.23. in Rudin PMA p.220 or "Lipschitz's theorem" in Berge TS p.105 or T.I.1.1. in Granas&Dugundji FPT p.10. The theorem is also known as Banach's contraction principle.

## References

BERGE, C. (1963): *Topological spaces*. Oliver & Boyd.

GRANAS, A., AND J. DUGUNDJI (2003): *Fixed point theory*, vol. 14. Springer.

RUDIN, W., ET AL. (1976): *Principles of mathematical analysis*, vol. 3. McGraw-Hill.